

Activity bingo

Watch your favourite Disney film	Read a verse of the bible a day with your family	Make a pasta necklace or picture	Do some school work
Draw/colour a picture for someone	Have a teddy bear picnic	Join in an exercise video –see links on website	Decorate/bake some biscuits
Make a family tree	Play a family board game	Help out in the house	Call or facetime a friend or family member
Watch a saddleback kids video – link on website	Draw a picture of you and your friends having fun	Make an animal out of a cardboard tube	Go on a walk or bike/scooter ride and with your family